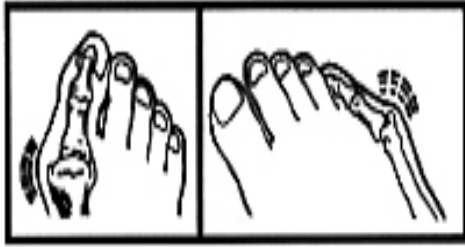


BUNIONS



A bunion is a protrusion that extends on the outside of the big toe. The metatarsal bone behind the big toe becomes prominent causing the foot to become wider. When this occurs, the big toe leans in toward the second toe rather than remaining straight, and this causes the bones to move out of alignment. Bunions

generally are an inherited ailment due to a compromised structure of the foot, which causes an individual to become prone to developing a Bunion. However, there are various factors that may apply such as, a flat foots changing position of the joint, and the foots function with the changing position. Pain, inflammation and redness, or a burning sensation, are common symptoms of a hurting Bunion.

Feet First Arch Supports are ideal insoles when used to offer relief for the painful bunion(s), in that these orthotic arch supports remove the majority of the individual's weight off from the bunion(s) and centers the weight directly in the center of the arches. Immediate relief is experienced when the pressure that is normally being applied to the front of the foot is no longer a factor.

It is also important to wear footwear that does not constrict the foot, but allows the necessary room for the wider width of the fore foot.

Disclaimer

Feet First Arch Supports we do not diagnose, prescribe or fill prescriptions.
For serious foot related problems, please consult your physician.
Use of products and information provided herein is at the clients' sole discretion.